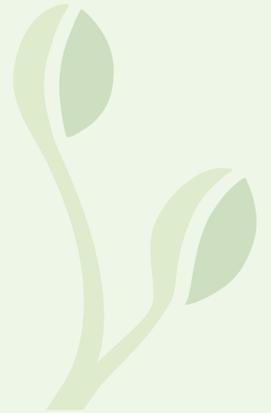


A GUIDE TO ALL YOUR HEALTH INSURANCE OPTIONS

Exclusively for Farm Bureau members

Effective January 1, 2011



Medical • Dental • Vision • Supplemental term life insurance
• Supplemental medical expense coverage



Health Net®

LIFE INSURANCE COMPANY

2011 HEALTH NET

HEALTH INSURANCE PLANS AND OTHER HEALTH PRODUCTS

FOR THE CALIFORNIA FARM BUREAU MEMBERS' HEALTH INSURANCE PROGRAM

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California Farm Bureau Federation and Health Net

Protecting California agriculture, protecting your health

For more than 75 years, the California Farm Bureau Federation (CFBF) has protected and promoted agricultural interests throughout California. Today, anyone can join the Farm Bureau and benefit from local county Farm Bureau representation and exclusive membership offers – like affordable health insurance.

When you join the Farm Bureau, you're eligible for an exclusive line of Health Net insurance plans. Here at Health Net we've designed a line of economical plans to give you what you need most right now – rate relief.

What's more, our California Farm Bureau plans come with extra resources and services to help you make the most of your health. It's a combination that has made us the choice of so many Californians. Among the reasons that make Health Net a better decision:

1. We know California.

Headquartered in California, Health Net has been giving Californians access to broad networks, personal service and useful wellness resources for over 28 years, so they can manage their health the way they want.

2. We have broad networks for more choice.

Approximately 61,000 doctors, over 300 hospitals and over 4,300 retail chain and independent pharmacies give you the choices you deserve. And with such large provider networks, there's a good chance your doctor is part of ours. Plus, our worldwide emergency coverage protects you wherever you travel.

3. We save you time.

Online tools. People to talk with on the phone. With a Health Net plan, it's easy to get answers and to get things done.

4. We're focused on quality.

Ongoing service monitoring helps ensure the care you receive is the right care for you. Plus, you can assess network quality for yourself with the provider and hospital comparison reports that we make available online at www.healthnet.com.

5. We'll be here when you need us.

Health Net Life Insurance Company is backed by Health Net, Inc., one of the nation's largest publicly traded managed health care companies, with more than 6.6 million customers in the U.S. Financially sound, the company's health plan and insurance subsidiaries provide health and mental health benefits to millions of individuals. In times like these, it's good to know that your health plan is affiliated with a strong, national company.

Plus, Farm Bureau members get great discounts on brand-name products and valuable resources to help you make the most of your health. See No-Cost Extras, starting on page 11, for details.

Economical solutions – one more way Health Net is hard at work to make protecting your health easier on your budget.



HELPFUL DEFINITIONS

In this guide, you'll see words used that are specific to health care. We've defined them here to make everything fast to read and easy to understand.

Applicant-only plan – Covers one person on a Certificate of Insurance. Multiple family members can apply using the same enrollment form. Single rates apply to each family member. Separate Certificates of Insurance will be issued once the application is approved.

Coinsurance – The percentage of costs you pay for covered services, usually after you meet your deductible. These amounts vary by health plan.

Copay – The dollar amount that a covered person is required to pay for certain benefits in addition to any applicable coinsurance and/or deductible payments.

Deductible – The amount of covered charges for which a covered person or family unit has to incur and pay each calendar year before benefits are payable. Certain services are available before the deductible is met.

Emergency – An illness or accidental injury that:
1) requires immediate care or medical intervention;

2) threatens the patient's life, or, if left untreated, will cause further serious impairment to the patient's bodily function.

Out-of-pocket maximum – The amount of covered charges that you must pay in addition to applicable copays and deductibles.

When you see the term "out-of-pocket maximum," it means the dollar limit of your share of health care expenses.

PPO – The Preferred Provider Organization designated by us and/or any other health care provider contracting organization that has contracted with Health Net.

Up-front coverage – Up-front coverage means that you can use certain services before you meet your deductible. You just pay a set copay at the doctor's office. Also called first dollar coverage.

Choosing the plan that fits your life

Health Net offers Farm Bureau members a selection of PPO health insurance plans so you can find the health plan that fits your budget and your life. These plans are underwritten by Health Net Life Insurance Company.

PPO plans give you freedom of choice. You can go to a doctor or hospital in our PPO network for the highest benefit coverage – there are approximately 61,000 providers and over 300 hospitals statewide to choose from – or you can see a provider not in our network and pay a greater share of the costs.

Child and children-only coverage is available for all of our plans.

CFB SENSIBLE HSA^{NG}

Our Health Savings Account (HSA)-eligible PPO insurance plan makes it possible to take advantage of tax-savings opportunities while you protect your health.

- \$5,200 calendar-year deductible. For family coverage, the calendar year deductible is two-times the individual amount.
- 100% of in-network coverage for covered benefits after your calendar year deductible is met.
- 100% of in-network coverage for adult and child preventive care (deductible waived).

After you enroll, you can open an HSA. When you have an HSA, you can use tax-free dollars to pay for plan deductibles, copays and other qualified medical expenses. The HSA belongs to you; you keep it even if you change jobs or retire. Other key facts about HSAs:

- You can contribute up to \$3,050 to your HSA as an individual or \$6,150 if you have family coverage. These are the 2011 maximum allowable amounts as set by the IRS.

- You have complete control over your health care dollars and can use them when you like.
- When used for qualified medical or pharmacy expenses, contributions (up to the IRS maximum) and withdrawals are tax-free.
- Long-term savings, rollover features (no time limit for using the funds) and catch-up contributions for members between the ages of 55 to 65.

Bonus Option! Health Net has partnered with Bank of America to offer our members an HSA that's easy to administer, quick to set up, and that comes with a convenient Bank of America VISA[®] debit card for account access.

CFB Sensible HSA^{NG} – the plan that makes sense in a challenging economy.

References are to federal taxes only. State taxes may apply. Tax information is for general purposes only. For more detailed information about the tax implications of an HSA, please contact a professional tax adviser. A complete list of qualified medical expenses can be found in IRS publication 502 – Medical and Dental Expenses, at www.irs.gov.

The HSA component of EZ Access HSA is offered by Bank of America, N.A., as trustee of the HSA. Health Net is not affiliated with Bank of America, N.A.

CFB BUDGET PPO NG

The CFB Budget PPO NG insurance plans pair freedom and flexibility with lower monthly premiums.

- Two calendar year deductible choices give you flexibility in finding the premium/deductible combination that fits your budget best.
 - Individual deductibles: \$6,000 or \$7,500
- Applicant-only coverage
- You can see the doctor (up to 2 visits) for a \$50 copay (deductible waived).

- 100% in-network coverage for adult and child preventive care (deductible waived).
- Three-tier and specialty prescription drug coverage.

For all other services, this plan pays 100% of in-network coverage for covered benefits after your calendar year deductible is met.

CFB Budget PPO NGs – the solution for essential health coverage at a reasonable cost.

BENEFITS AT-A-GLANCE

This chart is a summary of in-network benefits only and not intended for enrollment purposes. For benefit details, please see the Summary of Benefits.

| LIFETIME MAXIMUM: Unlimited | CFB SENSIBLE HSA NG | CFB BUDGET PPO NG Applicant-Only Plan |
|---|--|---|
| CALENDAR YEAR DEDUCTIBLES | \$5,200 single (Family deductible is 2x the individual) | \$6,000 or \$7,500 |
| CALENDAR YEAR OUT-OF-POCKET MAXIMUM | \$5,200 (includes deductible) (2x for family) | \$0 |
| VISIT TO PHYSICIAN | No charge after deductible is met | \$50 copay per visit ¹ |
| X-RAY AND LABORATORY | No charge after deductible is met | No charge after deductible is met |
| MATERNITY CARE | Not covered | Not covered |
| PREVENTIVE CARE SERVICES (adult and child) | No charge (deductible waived) | No charge (deductible waived) |
| EMERGENCY HEALTH COVERAGE | No charge after deductible is met | No charge after deductible is met |
| OUTPATIENT SERVICES | No charge after deductible is met | No charge after deductible is met |
| OUTPATIENT FACILITY SERVICES | No charge after deductible is met | No charge after deductible is met |
| HOSPITALIZATION SERVICES | No charge after deductible is met | No charge after deductible is met |
| OUTPATIENT PRESCRIPTION DRUGS | No charge after deductible is met | \$500 calendar year deductible per person (does not apply to Level I) Level I (generic) – \$10 copay Level II (formulary brand) – \$50 copay Level III (non-formulary brand) – 50% or \$50 copay (whichever is greater) Specialty Drugs (self-injectables) – 50% or \$500 copay (whichever is less) |

¹Deductible waived for first 2 visits.

Summary of benefits

Refer to your Certificate of Insurance for complete details, exclusions and limitations. In case of conflict, the Certificate of Insurance controls. Benefits subject to deductible unless noted.

| CFB SENSIBLE HSA NG | | |
|--|--|---|
| | IN-NETWORK YOU PAY | OUT-OF-NETWORK YOU PAY |
| LIFETIME MAXIMUM: Unlimited | | |
| CALENDAR YEAR DEDUCTIBLES Not included in calendar year out-of-pocket maximum, except on CFB Sensible HSA NG. Family deductible is 2x the single deductible. | \$5,200 single (All benefits, including outpatient prescription drugs, are subject to the deductible except preventive care. For contracts of two or more members, there is an embedded individual deductible ¹ .) | |
| CALENDAR YEAR OUT-OF-POCKET MAXIMUM Does not include calendar year deductible, except on in-network CFB Sensible HSA NG. Payments for services not covered by this plan will not apply to this calendar year out-of-pocket maximum. Copays do not apply to calendar year out-of-pocket maximum, except on CFB Sensible HSA NG. | \$5,200 single (family is 2x single) | \$5,000 single (family is 2x single) |
| PROFESSIONAL SERVICES Visit to physician (including specialist consultations) | No charge after deductible is met | 50% |
| X-ray and laboratory procedures ² | No charge after deductible is met | 50% |
| Surgeon or assistant surgeon and anesthetic service | No charge after deductible is met | 50% |
| PREVENTIVE CARE SERVICES (adult and child) Routine preventive services and immunizations ³ | No charge (deductible waived) | Not covered |
| EMERGENCY HEALTH COVERAGE Emergency room (professional and facility charges) | No charge after deductible is met | |
| Urgent care center (facility charges) | No charge after deductible is met | |
| Ambulance | No charge after deductible is met | |
| OUTPATIENT SERVICES² Outpatient surgery (hospital or outpatient surgery center charges only). Out-of-network maximum allowable charge is \$600 per day. | No charge after deductible is met | 50% |
| Outpatient facility services ² | No charge after deductible is met | 50% |
| HOSPITALIZATION SERVICES² Inpatient, semi-private hospital room or intensive care unit with ancillary services (unlimited, except for non-severe mental health and substance abuse treatment). Out-of-network maximum allowable charge is \$600 per day. | No charge after deductible is met | 50% |
| MATERNITY CARE | Not covered | |
| OTHER SERVICES Rehabilitative therapy (includes physical, speech, occupational, respiratory and cardiac therapy) Outpatient: 20-visit maximum per calendar year combined in- or out-of-network. | No charge after deductible is met | 50% |
| Chiropractic care / Acupuncture (12-visit maximum per calendar year combined in- or out-of-network) | No charge after deductible is met | 50% |
| Mental health for non-severe conditions ^{2,4} | No charge after deductible is met (inpatient and outpatient) | Inpatient: 50% Outpatient: Not covered |
| Diabetic equipment | No charge after deductible is met | Not covered |
| Durable medical equipment (\$2,000 maximum payable per calendar year) | No charge after deductible is met | Not covered |
| OUTPATIENT PRESCRIPTION DRUGS⁵ Prescription drugs filled through participating pharmacy (up to a 30-day supply). Prescription drugs filled through participating mail order (up to a 90-day supply). Medical deductible waived on the CFB Budget PPO NG plan. Does not count towards your calendar year out-of-pocket maximum, except on CFB Sensible HSA NG. | No charge after deductible is met | Not covered |

¹ Embedded deductible means one person on a plan with 2+ members can meet the individual deductible and begin receiving covered benefits.

² Certain services may require prior certification from Health Net. Without prior certification, benefit is reduced by 50%. Refer to the Certificate of Insurance for details.

³ Covered services based on the United States Preventive Services Task Force (USPSTF) grade A and B recommendations; recommendations of the Advisory Committee on Immunization Practices (ACIP) that have been adopted by the Director of the Centers for Disease Control and Prevention (CDC); and comprehensive guidelines supported by the Health Resources and Services Administration (HRSA) for infants, children and adolescents.

⁴ Inpatient is \$300 maximum allowable per day. Outpatient maximum payable is \$30 per visit – only applies to CFB Sensible HSA NG.

⁵ The Recommended Drug List is a list of prescription drugs that are covered by this plan. Some drugs require prior authorization from Health Net.

For a copy of the Recommended Drug List, go to www.healthnet.com. Refer to a Certificate of Insurance for complete information on prescription drugs.

| CFB BUDGET PPO NG Applicant-Only Plan | |
|--|---|
| IN-NETWORK YOU PAY | OUT-OF-NETWORK YOU PAY |
| \$6,000 or \$7,500 | |
| \$0 | \$6,000 |
| \$50 copay per visit (deductible waived for first 2 visits) | 50% |
| No charge after deductible is met | 50% |
| No charge after deductible is met | 50% |
| No charge (deductible waived) | Not covered |
| No charge after deductible is met | |
| No charge after deductible is met | |
| No charge after deductible is met | |
| No charge after deductible is met | 50% |
| No charge after deductible is met | 50% |
| No charge after deductible is met | 50% |
| Not covered | |
| Inpatient: No charge after deductible is met Outpatient: Not covered | Inpatient: 50% Outpatient: Not covered |
| Not covered | |
| Inpatient: No charge after deductible is met Outpatient: Not covered | Inpatient: 50% Outpatient: Not covered |
| No charge after deductible is met | Not covered |
| No charge after deductible is met | Not covered |
| \$500 calendar year deductible per person (does not apply to Level I) | Not covered |
| Level I (generic) – \$10 copay Level II (formulary brand) – \$50 copay Level III (non-formulary brand) – 50% or \$50 copay (whichever is greater) Specialty Drugs (self-injectables) – 50% or \$500 copay (whichever is less) | |

Good health means something different to everyone. How you protect yours is an individual choice. Come to Health Net for health insurance coverage that fits your health, your life and your budget.



Dental and Vision

When you choose a Health Net PPO insurance plan, you have the option to add on dental and/or vision coverage.

DENTAL

Health Net helps you keep your teeth healthy with two dental plan choices:

- The Health Net Dental Scheduled Reimbursement Plan provides reimbursement at a set rate for dental services provided by the dentist of your choice.
- The Health Net Dental HMO plan covers dental services that you receive from a primary HMO dentist in our network. You can choose a participating office from a list of network providers in your area. To find a dental HMO provider:

DENTAL SUMMARY OF BENEFITS AND RATES

| | HMO ¹ (You pay) | SCHEDULED REIMBURSEMENT PLAN ² (Plan pays up to) |
|--|---------------------------------------|---|
| MAXIMUM CALENDAR YEAR BENEFIT | Unlimited | \$1,000 |
| CALENDAR YEAR DEDUCTIBLE | \$0 | \$50 per person |
| DIAGNOSTIC | | |
| Oral examination (up to 2x per year) | \$0 | \$24 |
| Intraoral radiographs | \$0 (Including bitewings every 3 yrs) | \$62 (Including bitewings every 5 yrs) |
| PREVENTIVE | | |
| Prophylaxis (2 cleanings; once every 6 months) | | |
| Adult | \$0 | \$40 |
| Child (through age 18) | \$0 | \$28 |
| Sealant (per permanent molar tooth) | \$5 (through age 15) | \$26 (through age 17) |
| RESTORATIVE | | |
| Amalgam (permanent fillings) | | |
| One surface | \$0 | \$38 |
| Two surfaces | \$0 | \$48 |
| Crown ² (porcelain/ceramic) | \$245 | \$220 |
| PROSTHETICS/PROSTHODONTICS² | | |
| Denture (complete upper or lower) | \$325 each | \$315 |
| ENDODONTICS | | |
| Root canal (excluding final restorations) | | |
| Anterior | \$110 | \$193 |
| Molar | \$265 | \$306 |
| ORAL SURGERY (extractions) | | |
| Single tooth | \$5 | \$39 |
| Removal of impacted tooth (completely bony) | \$80 | \$134 |
| ORTHODONTICS | | |
| Children (through age 19) | 75% of U&C ³ | Not covered |
| Adult | 75% of U&C ³ | Not covered |

- Go to www.healthnet.com.
- Select *Find a Doctor or Hospital*.
- Select *Find providers by city, county, state or ZIP*, then select *I Agree*.
- Select State.
- Select the box for *Dental (Dentists, Dental Hygenists, etc.)* then *Search*.
- Select *Commercial Health Plans – Optum*.

This will redirect you to a new page showing a disclaimer. Please read and click *Continue*. This will take you to Health Net Dental plans.

- Select *Locate Dentist* link from the left navigation bar.
- Select *DHMO CA ONLY*.
- Select the appropriate search criteria, then key in the Search Fields and select *Submit*.
- Choose your dentist and include the Practice ID# in the specified area on the application.

Please note: The Health Net Dental HMO plan is not available in all counties. Please see the Monthly Premium Rate Guide for details.

| | HMO | SCHEDULED REIMBURSEMENT PLAN |
|--------------------------|---------|------------------------------|
| MEMBER | \$20.00 | \$39.00 |
| MEMBER +1 | \$38.00 | \$78.01 |
| MEMBER +2 OR MORE | \$58.00 | \$111.16 |

Monthly rates effective 7/1/08. Rates subject to change.

The chart on the left is a summary of the benefits. For more information, please refer to the Schedule of Benefits, Exclusions and Limitations for Health Net's Dental Plans which can be downloaded from Health Net's website at www.healthnet.com.

¹You must select a dental HMO network provider for services. Procedures performed by a non-network dentist are not covered and enrollees are required to pay all charges.

²Major restorations have a 12-month waiting period for the Scheduled Reimbursement Plan. Benefits are subject to change.

³Benefits cover 24 months of Usual and Customary (U&C) and 24 months of retention.

USUAL AND CUSTOMARY (U&C) means charges for dental services or supplies essential to the care of the Insured if they are the amount normally charged by the provider for similar services and supplies and do not exceed the amount ordinarily charged by most providers of comparable services and supplies in the locality where the services or supplies are received.

VISION

Our flexible and affordable PPO vision program will keep you seeing clearly.

- You choose where to go at the time of service – no need to select a vision provider when you enroll. Note that you pay less when you see an in-network vision provider.
- High standards of quality and service.

- Complete visual examination every 12 months (\$10 copayment applies).
- Frames – one frame every 24 months (maximum allowance \$85 in-network, up to \$45 out-of-network).

For more details, please refer to Health Net’s PPO Vision Plan schedule.

VISION SUMMARY OF BENEFITS AND RATES

| | MEMBER COST | OUT-OF-NETWORK REIMBURSEMENT |
|--|---|------------------------------|
| EXAM WITH DILATION AS NECESSARY | \$10 copay | \$45 |
| CONTACT LENS FIT AND FOLLOW-UP (Contact lens fit and two follow-up visits are available once a comprehensive eye-exam has been completed.) | | |
| Standard | \$0 copay / Fit and two follow-up visits paid in full | \$40 |
| Premium | \$0 copay / 10% off retail price, then apply \$55 allowance | \$40 |
| FRAMES Any available frame at provider location | \$0 copay / \$85 allowance for any frame plus 20% off balance over \$85 | \$45 |
| STANDARD PLASTIC LENSES | | |
| Single vision | \$0 copay | \$43 |
| Bifocal | \$0 copay | \$58 |
| Trifocal | \$0 copay | \$70 |
| Lenticular | \$0 copay | \$125 |
| LENS OPTIONS | | |
| UV coating | 20% discount | Not covered |
| Tint (solid and gradient) | 20% discount | Not covered |
| Standard scratch-resistance | 20% discount | Not covered |
| Standard polycarbonate | 20% discount | Not covered |
| Standard progressive (add-on to bifocal) | 20% discount | Not covered |
| Standard anti-reflective | 20% discount | Not covered |
| Other add-ons and services | 20% discount | Not covered |
| CONTACT LENSES (includes materials only) | | |
| Conventional | \$0 copay / 15% discount off balance over \$120 | \$105 |
| Disposables | \$0 copay / Balance over \$120 | \$105 |
| Medically necessary | \$0 copay | \$210 |
| LASER VISION CORRECTION LASIK or PRK from U.S. Laser Network | 15% off retail price, or 5% off promotional price | Not covered |
| FREQUENCY | | |
| Examination | Once every 12 months | |
| Frame | Once every 24 months | |
| Lenses or contact lenses | Once every 24 months | |

| | PPO VISION PLAN |
|--------------------------|-----------------|
| MEMBER | \$13.66 |
| MEMBER +1 | \$26.65 |
| MEMBER +2 OR MORE | \$38.25 |

Monthly rates effective 1/1/06. Rates subject to change.

Additional Purchases and Out-of-Pocket Discounts

Member will receive a 20% discount on items not covered by the plan at Participating Providers. The discount does not apply to contracted providers’ professional services or disposable contact lenses. Benefits may not be combined with any discount, promotional offering, or other group benefit plans. Allowances are one-time use benefits; no remaining balance. Lost or broken materials are not covered.

The Health Net Vision Secondary Purchase plan provides up to a 40% discount off complete pair of eyeglass purchases and a 15% discount off conventional contact lenses once the initial benefit has been used.

Rounding out your coverage

Round out your health coverage with optional products that deliver added financial protection.

THE CASHNET PLAN

CashNet is a supplemental medical expense plan that helps bridge the cost of hospitalization, surgery or an accident. For a modest monthly premium, you get cash reimbursements – which are paid directly to you when you need them – for:

Hospital stays

- \$300 per day for hospital covered charges for all illnesses and accidental injuries.
- Maximum of 30 days per calendar year. Lifetime maximum of 300 days.

Accidental injury: Up to a maximum of \$500 per year. Not applicable to “Child(ren)-only” policies.

Ambulance transportation due to an accident:

- \$300 for land transportation.
- \$1,000 for air transportation.

Not applicable to “Child(ren)-only” policies.

Mammography: Up to \$100 with a maximum of 1 visit per calendar year.

You can supplement any Health Net health plan with CashNet – even our HSA-compatible CFB Sensible HSA_{NG} plan.

Other important things to know:

- The CashNet Plan is a supplement to health insurance, underwritten by Health Net Life Insurance Company. It is not a substitute for hospital or medical expense insurance, a health maintenance organization (HMO) contract or major medical expense insurance.

- Payment of CashNet benefits is subject to all other terms of the policy. Please refer to the Certificate of Insurance for a list of exclusions and limitations.

SUPPLEMENTAL TERM LIFE INSURANCE

You may apply for Supplemental Term Life Insurance when you apply for your medical plan. If you are approved for health coverage, your term life coverage is also approved.

Health Net offers Supplemental Term Life Insurance, underwritten by Health Net Life Insurance Company, for adults (up to age 64) in coverage amounts of \$10,000, \$20,000, \$30,000, \$40,000 and \$50,000. The maximum coverage amount for children ages 1–17 is \$10,000.

Simply complete the Supplemental Term Life portion of the application. Premium is billed separately from your health insurance.

| Individual Term Life Insurance Coverage Amounts | | | | | |
|---|----------|----------|----------|----------|----------|
| Age | \$10,000 | \$20,000 | \$30,000 | \$40,000 | \$50,000 |
| 1–17 | \$1.00 | N/A | N/A | N/A | N/A |
| 18–29 | \$1.90 | \$3.80 | \$5.70 | \$7.60 | \$9.50 |
| 30–39 | \$2.40 | \$4.80 | \$7.20 | \$9.60 | \$12.00 |
| 40–49 | \$5.00 | \$10.00 | \$15.00 | \$20.00 | \$25.00 |
| 50–59 | \$13.70 | \$27.40 | \$41.10 | \$54.80 | \$68.50 |
| 60–64 | \$20.00 | \$40.00 | \$60.00 | \$80.00 | \$100.00 |

Monthly rates effective 7/1/08. Rates subject to change.

No-cost extras

DECISION POWER®: HEALTH IN BALANCE

Information, resources and support for every person, every stage of health

With Health Net, you get more than health care coverage. You get Decision Power¹. Decision Power brings together under one roof the information, resources and personal support that fit you, your health and your life.

Whether you ...

- have a question
- want help with a specific health goal
- need treatment but want to understand all your options
- are living with illness

... you choose how and when to use the information, resources and support available. You can use Decision Power online. Or by calling a Health Coach. Try multiple resources at once, or one at a time. 24 hours a day, seven days-a-week, Decision Power is here for you.

Log on to www.healthnet.com:

Take the health risk questionnaire (HRQ) – With its instant results and interactive features, the HRQ is your gateway to recommendations and resources based on your unique health profile. Among the highlights: you'll receive email alerts on information and action steps to take based on your HRQ results.

Try a step-by-step plan for losing weight, stopping smoking or boosting nutrition. You can start with our online coaching and self-help tools. Phone coaching support is included, so making lasting, healthy changes is easier.

Track your health progress and build a complete medical snapshot to have whenever you need it with a Personal Health Record.

Find support for any kind of mental health concern such as depression, alcohol use, eating disorders, etc.

¹ Decision Power is not part of Health Net's commercial medical benefit plans. Also, it is not affiliated with Health Net's provider network and it may be revised or withdrawn without notice.

24-hour answers to health questions or concerns.

Be informed – Access information resources, such as Healthwise® Knowledgebase, an online health encyclopedia; HEAR® Audio Library, which contains information on 355 health topics; and Health Crossroads® Web Modules, which explains the pros and cons of various treatments.

Know your numbers – with our health trackers (cholesterol, diet, fitness), treatment cost estimator and hospital comparison reports.

Talk to a Health Coach to get:

1-to-1 consultations and a single point of contact for any and every health question, goal or situation. You can talk to the same Health Coach every time you call.

Steps to avoid Cardio-Metabolic Syndrome – the combination of three or more of the six risk factors (e.g., waist size, blood pressure, HDL cholesterol level) that predict diabetes, heart disease and colon, uterine and prostate cancers.

24-hour answers to health questions or concerns. Always call 9-1-1 or go straight to the emergency room in a life-threatening situation.

Techniques to help you feel comfortable talking with your doctor and expressing your preferences.

Pointers for setting achievable health goals; guidance on evaluating treatment options.

Guidance and support for living with an ongoing illness such as asthma, diabetes, heart disease, etc.

Specialized consultation from nurse case managers to help both patients and family members deal with the complexity of end-stage illnesses.

You can use Decision Power whenever you want and as much as you like. Because when it comes to your health, there's more than one right answer.

SELF-SERVICE AT WWW.HEALTHNET.COM

At www.healthnet.com we make it fast and easy to get things done on your schedule. Once you're a Health Net member, it will take only a minute to register online. With your user name and password, you can:

- Order ID cards.
- See your plan details.
- View pharmacy benefits.
- Search for a physician or specialist in California.
- Compare medical group and hospital quality and service ratings.
- Find a pharmacist near you.
- Get forms.
- Email the Customer Contact Center.
- Use our interactive tools.
- Learn about health conditions.
- And much more!

FARM BUREAU MEMBERSHIP DISCOUNT PROGRAMS

In addition to all the Health Net no-cost extras, Farm Bureau members have access to many exclusive products and discount programs. Enjoy smart, new ways to save hundreds of dollars a year.

- 20% eyewear discount – LensCrafters
- Farm Bureau Prescription Discount Program
- Up to 30% discount on paint and supplies – Kelly-Moore and Dunn Edwards Paint
- 10% off Grainger commercial and home improvement products – free shipping for online orders
- Rental car discounts – Avis, Hertz and Budget
- Travel discounts
- Dodge and RAM trucks rebate
- Theme park discounts
- 7.5% discount on auto insurance – Allied and Nationwide Insurance
- Farm Bureau Bank – full range of financial services
- 10% discount on Lands' End products and logo fees
- Up to 25% off Starkey Hearing Aids and hearing products, plus significant savings on other hearing health care needs through ClearValue Hearing Healthcare Benefits Plan



Getting started

STEP 1: CHECK ELIGIBILITY

There are four requirements to meet:

- For six continuous months or longer, be a California resident under age 65 who is not eligible for Medicare.
- Meet our medical underwriting guidelines. All applicants are subject to medical underwriting to determine medical risk. Based on the results of the medical underwriting, one or more of the following may happen:
 - Coverage may be offered at the standard rate.
 - Coverage may be offered at a higher rate.
 - Coverage may be offered for a different plan or deductible.
 - Coverage may not be offered.
- Be or become a California county Farm Bureau member.
- Be the applicant's spouse, or the applicant's California-registered domestic partner, under age 65, who is not eligible for Medicare.

All dependent children under age 26 may apply for dependent coverage, subject to medical underwriting guidelines.

SPECIAL OPEN ENROLLMENT FOR CHILDREN UNDER 19 YEARS OF AGE

There is an Open Enrollment period for children under age 19. Please talk to your broker or contact Health Net for more information.

STEP 2: CHOOSE A HEALTH PLAN

- Review the benefit chart shown on pages 6–7 to determine which plan best fits your needs.

For a premium quote, please call your Health Net authorized agent. If you need to be referred to an agent, call 1-800-909-3447, option 2.

- Complete an application. The application must be completed and signed by the applicant. Be sure to fill out the health application accurately and completely. An incomplete application will delay the process.
 - Your application requires that you remain a member of the Farm Bureau. If you are not a member, please fill out the Farm Bureau application.
 - You have the following options for paying your annual Farm Bureau membership dues:
 - » Submit your annual membership dues along with your health premium and application. You will receive annual billings directly from the Farm Bureau for membership renewal.
 - » You can pay your Farm Bureau membership dues monthly. It will be included with your selected monthly payment method. A \$2.00 monthly administrative fee will be included.
 - You also get to choose the payment method you prefer for your monthly premiums. The choices are:
 - » Automatic bank draft (ABD): automatically withdraws the premium from your checking or savings account (you choose which account).
 - » Credit card: monthly, repetitive charge to your VISA or MasterCard.
 - » Monthly billing by mail.

STEP 3: SEND YOUR APPLICATION

Send your completed and signed application, along with the appropriate premium, to your Health Net authorized agent or mail to the address listed on the application. Your initial payment can be charged to your VISA or MasterCard as noted on the health application.

Prefer to apply online? Ask your Health Net authorized agent about details for an online application.

COMMON QUESTIONS

What PPO doctors and facilities can I use?

You have access to the Health Net Life network, one of California's largest, with approximately 61,000 PPO physicians and over 300 hospitals.

To find a provider:

1. Go to www.healthnet.com.
2. Choose *Find a Doctor or Hospital* from the home page.
3. Search by Provider, near your address or by city, county, state or ZIP.
4. Select plan *PPO & PPO Plus* to pull up the network that applies to Farm Bureau.

Can I apply for health coverage for my children only?

Yes. All of our health insurance plans are available for child/children-only coverage. Special children rates are available.

Is it possible for my spouse to have a different plan from mine?

Sure. Many couples find that their individual health care needs vary and want different coverage amounts and deductibles. If you apply for different plans/deductibles on one application, applicant-only rates will apply. Your authorized agent can tell you more.

Is preventive care covered?

Yes. Adult and child preventive care is a covered benefit. Please refer to the benefit chart for coverage information.

Is there a separate deductible for prescriptions?

If your plan includes the 3-tier prescription drug benefit, there is a separate \$500 calendar year deductible for Level II, Level III and Specialty Drug tiers.

If you have the CFB Sensible HSA_{NG} plan, there is no separate prescription deductible, however, your medical plan deductible must be met before any prescription benefits are payable.

Why do I need a California Farm Bureau membership?

These Health Net plans are only available to Farm Bureau members. The Farm Bureau Members' Group Health Program has served its members since 1947. Your annual membership in a county Farm Bureau supports the agricultural industry in California. Plus you get member discounts on many valuable products and services including hotel, car rentals and more.

Health Net Life Insurance Company California Farm Bureau Members' Health Insurance Plans Major Medical Expense Coverage Outline of Coverage

READ YOUR CERTIFICATE CAREFULLY

This outline of coverage provides a brief description of the important features of your Certificate of Insurance (Certificate). This is not the insurance contract and only the actual Certificate provisions will control. The Certificate itself sets forth, in detail, the rights and obligations of both you and Health Net Life Insurance Company. It is, therefore, important that you read your Certificate carefully!

MAJOR MEDICAL EXPENSE COVERAGE

This category of coverage is designed to provide, to persons insured, benefits for major hospital, medical and surgical expenses incurred as a result of a covered accident or sickness. Benefits may be provided for daily hospital room and board, miscellaneous hospital services, surgical services, anesthesia services, in-hospital medical services, out of hospital care and prosthetic appliances subject to any deductibles, copayment provisions, or other limitations which may be set forth in the Certificate. Basic hospital or basic medical insurance coverage is not provided.

PRINCIPAL BENEFITS AND COVERAGES

Please refer to the pages 6–7 of this booklet for a summary of each plan's covered services and supplies. Also refer to the Certificate you receive after you enroll in a plan. The Certificate offers more detailed information on the benefits and coverage included in your health insurance plan.

Reproductive health services

Some hospitals and other providers do not provide one or more of the following services that may be covered under your Certificate of Insurance and that you or your family member might need: family planning; contraceptive services, including emergency contraception; sterilization, including tubal ligation at the time of labor and delivery; infertility treatments; or abortion. You should obtain more information before you enroll. Call your prospective doctor, medical group, independent practice association or clinic, or call Health Net Life's Customer Contact Center at 1-800-839-2172 to ensure that you can obtain the health care services that you need.

EXCLUSIONS AND LIMITATIONS

The following is a partial list of services that are not generally covered. For complete details on any plan's exclusions and limitations, please see the Health Net Life California Farm Bureau Members' Health Plan Certificate.

- Services or supplies that are not medically necessary.
- Any amounts in excess of the maximum amounts specified in the Certificate.
- Pregnancy or maternity services except as specified in the Certificate.
- Cosmetic surgery except as specified in the Certificate.
- Contraceptive drugs and/or certain contraceptive devices are covered as specified in the Certificate. Vaginal contraceptive devices are only covered when a Physician prescribes the device and performs a fitting examination as specified in the Certificate.
- Dental services except as specified in the Certificate.
- Treatment and services for Temporomandibular (Jaw) Joint Disorders.
- Surgery and related services for the purposes of correcting the malposition or improper development of the bones of the upper or lower jaw, except when such procedures are Medically Necessary.
- Food or dietary, nutritional supplements, except for formulas and special food products to prevent complications of Phenylketonuria (PKU).
- Vision care including certain eye surgeries to replace glasses, except as specified in the Certificate.
- Optometric services or eye exercises, except as specifically stated elsewhere in the Certificate.
- Eyeglasses or contact lenses and eyeglasses, except as specified in the Certificate.
- Sex changes.
- Services to reverse voluntary surgically induced infertility.
- Services or supplies that are intended to impregnate a woman are not covered.
- Certain genetic testing.
- Experimental or investigative services.
- Routine physical exams, except for preventive care services (e.g., physical exam for insurance, licensing, employment, school or camp). Any physical, vision or hearing exams which are not related to diagnosis or treatment of illness or injury, except as specifically stated in the Certificate.
- Immunizations or inoculations for adults or children, except as described in the "Medical Benefits" section or for foreign travel or occupational purposes.
- Services not related to a covered illness or injury.
- Custodial or domiciliary care.
- Inpatient room and board charges incurred in connection for an admission to a Hospital or other Inpatient treatment facility primarily for diagnostic tests which could have been performed safely on an outpatient basis.
- Inpatient room and board charges in connection with a Hospital stay primarily for environmental change, physical therapy or treatment of chronic pain.
- Any services or supplies furnished by a non-eligible institution, which is other than a legally operated Hospital or Medicare-approved Skilled Nursing Facility, or which is primarily a place for the aged, a nursing home or any similar institution, regardless of how designated.
- Expenses in excess of a Hospital's (or other Inpatient facility's) most common semi-private room rate.



- Infertility services.
- Allergy serum.
- Private duty nursing.
- Mental and nervous disorder and substance abuse treatment, except as specified in the Certificate.
- Hyperkinetic syndromes, learning disabilities, behavioral problems or mental retardation. However, certain of the above conditions shall be covered as outlined in the Certificate.
- Over-the-counter medical supplies and medications.
- Personal comfort items.
- Orthotics, unless custom made to fit the Covered Person's body and as specified in the Certificate.
- Educational services or nutritional counseling, except as specified in the Certificate.
- Hearing aids.
- Obesity related services.
- Any services received by Medicare benefits without payment of additional premium.
- Services received before your effective date of coverage.
- Services received after coverage ends.
- Services for which no charge is made to the Covered Person in the absence of insurance coverage, except services received at a charitable research Hospital which is not operated by a governmental agency.
- Physician self-treatment.
- Services provided by immediate family members.
- Conditions caused by the Covered Person's commission (or attempted commission) of a felony unless the condition was an injury resulting from an act of domestic violence or an injury resulting from a medical condition.
- Conditions caused by release of nuclear energy, when government funds are available.
- Any services provided by, or for which payment is made by, a local, state or federal government agency. This limitation does not apply to Medi-Cal, Medicaid or Medicare.
- Services for conditions of pregnancy for a surrogate parent are covered, but when compensation is obtained for the surrogacy, we shall have a lien on such compensation to recover its medical expense.

- Any outpatient drugs, medications or other substances dispensed or administered in any outpatient setting except as stated in the Certificate.
- Sexual dysfunction drugs.
- Rehabilitative services rendered in an outpatient facility are not covered except as specified in the Certificate.
- Rehabilitation therapy services are not covered when provided in connection with the treatment of the following conditions:
 - Psychosocial speech delay (includes delayed language development)
 - Mental retardation or dyslexia
 - Attention deficit disorders and associated behavior problems
 - Developmental articulation and language disorders

However, some of the above conditions shall be covered as shown in the “Schedule of Benefits” section, if Medically Necessary as described in the definitions of “Serious Emotional Disturbances of a Child” and/or “Severe Mental Illness,” and continuous functional improvement in response to the treatment plan is demonstrated by objective evidence.

- Outpatient speech therapy, except as specified in the Certificate.
- Services and supplies obtained while in a foreign country with the exception of Emergency Care.
- Home birth.

Some services require pre-certification from Health Net prior to receiving services. Please refer to your Certificate for details on what services and procedures require pre-certification.

Health Net Life does not require pre-certification for dialysis services or maternity care. However, please call the Customer Contact Center at 1-800-839-2172 upon initiation of dialysis services or at the time of the first prenatal visit.

PRE-EXISTING CONDITIONS FOR AGES 19 AND OLDER

Covered services will not include any care required in connection with the treatment of any condition, disease or injury for which medical advice, diagnosis, care or treatment, including the use of prescription medications, was recommended by or received from a licensed health care practitioner during the six months immediately preceding the effective date of coverage under the Certificate. Credit will be given toward the pre-existing condition waiting period for membership with another creditable health care plan if you apply for coverage under Health Net Life’s California Farm Bureau Members’ Health Insurance Program plans within 62 days of termination with the previous plan.

RENEWABILITY OF THIS CERTIFICATE

Subject to the termination provisions described in the Certificate, coverage will remain in effect for each month premium fees are received and accepted by Health Net Life. Coverage will terminate if the group Policy issued to the California Farm Bureau Federation by Health Net Life is cancelled.

PREMIUMS

We may adjust or change your premium. If we change your premium amount, notice will be mailed to you at least 60 days prior to the premium change effective date. Premiums are automatically adjusted for changes in your and your dependent spouse’s or registered domestic partner’s ages. Premiums may be adjusted when your residence address changes.



LOSS RATIO

Health Net Life's 2009 ratio of incurred claims to earned premiums for the California Farm Bureau Federation Plans is 78.2 percent.

SUPPLEMENTAL TERM LIFE INSURANCE EXCLUSIONS

No benefits will be provided on the death of any Covered Person under the following circumstances:

- Death by suicide within two years from the effective date of Coverage. Our liability shall be limited to an amount equal to the premiums paid.
- Death by any act of war, declared or undeclared.

TERMINATION OF SUPPLEMENTAL TERM LIFE INSURANCE

Coverage under this Certificate for a Covered Person will end on the earliest of the following dates:

- The date the Group Policy ends;
- The last day of the period for which premium has been paid (subject to the grace period provision);

- The last day of the calendar month in which:
 - (a) the Covered Person dies;
 - (b) the Member ceases to be a member of one of the County Farm Bureaus comprising the California Farm Bureau Federation;
 - (c) the Covered Person becomes insured under any other California Farm Bureau Federation service to member health insurance program as a member;
 - (d) written notice, signed by the Member, is received, requesting termination of coverage for any or all Covered persons;
 - (e) a Covered person enters active military service; or
 - (f) the Covered person's health coverage under a certificate issued by Us through the Plan Sponsor terminates;
- With respect to a Spouse, the last day of the calendar month in which the marriage of the Member and Dependent Spouse is dissolved;

- With respect to a Dependent child, when the child turns 26;
- The first day of the calendar month in which a Covered Person attains age 65, unless the Covered Person's birth date is the first of the month, then coverage will end on the first day of the month prior to the Covered Person's birth date; or
- The first day of the calendar month in which a Covered Person becomes eligible for Medicare.

When Coverage for the Member ends because the member becomes eligible for Medicare, Coverage for a Spouse and any Dependent child(ren) for the life insurance benefits will end on the date the member becomes eligible for Medicare.

HEALTH NET VISION AND DENTAL EXCLUSIONS & LIMITATIONS

Please refer to a Health Net Vision and Dental Schedule of Benefits for information.



Protect your health while you protect your budget.

Health Net makes it easy.

For more information, please contact:

Health Net

Post Office Box 1150

Rancho Cordova, California 95741-1150

Individual & Family Plans:

1-800-909-3447

**Telecommunications Device
for the Hearing and Speech Impaired:**

1-800-995-0852

www.healthnet.com

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Decision Power is not part of Health Net's commercial medical benefit plans. Also, it is not affiliated with Health Net's provider network and it may be revised or withdrawn without notice. Decision Power services, including Health Coaches, are additional resources that Health Net makes available to enrollees of Health Net of California and Health Net Life Insurance Company.

California Farm Bureau Members' Health Insurance Plans are underwritten by Health Net Life Insurance Company. Health Net Dental HMO plans are provided by Dental Benefit Providers of California, Inc. ("DBP"). Health Net Dental PPO and indemnity plans are underwritten by Unimerica Life Insurance Company. Obligations of DBP and Unimerica Life Insurance Company are not the obligations of or guaranteed by Health Net, Inc. or its affiliates. Health Net Vision is underwritten by Fidelity Security Life Insurance Company and administered by EyeMed Vision Care, LLC. Fidelity Security Life Insurance Company policy number VC-75, form number C-9069CA. Health Net Life Insurance Company is a subsidiary of Health Net, Inc. Health Net and Decision Power are registered service marks of Health Net, Inc. Farm Bureau is a registered service mark of American Farm Bureau Federation used under license by the Health Net Life Insurance Company. The Farm Bureau logo is a registered service mark of the American Farm Bureau Federation used under license by Health Net Life Insurance Company. All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.